

# The PTA 69<sup>th</sup> Annual General Meeting

# PTA



In view of the pandemic situation, the 69<sup>th</sup> Annual General Meeting (AGM) of the DGS Parent Teacher Association (PTA) was held on 30<sup>th</sup> September 2020 via Zoom. Mrs Christine Nip, Chairman of the PTA, opened the evening with a warm welcome to parents joining the online meeting and proceeded to deliver her report on PTA activities in the past year (2019-2020).

## Executive Committee 2020-2021

**Supervisor:**  
Mrs Doris Ho, JP

**Headmistresses:**  
Mrs Stella Lau, SBS, JP  
Mrs Annie Lee

**Teachers:**  
Mrs M Fong  
Mrs S Yu

**Chairman:**  
Mrs Christine Nip

**Vice-chairmen:**  
Ms Winnie Cheung  
Ms Virginia Leung

**Hon Secretary:**  
Mrs Hynn Ming Yeh

**Hon Treasurer:**  
Mr William Lee

**Hon Auditor:**  
Ms Salenda Lam

**Members:**  
Mrs Angela Chan  
Mrs Janice Chan  
Mrs Patty Chan  
Mrs Ceci Cheung  
Ms Queenie Choi  
Mrs Catherine Siu Doo  
Mrs Frances Ho  
Ms Catherine Lee  
Ms Phoebe Man  
Mrs Bianca Tan  
Mrs Esther Tang  
Ms Camille Tse  
Mrs Suzanne Wong  
Mrs Ada Yip

The PTA has continued its work in different aspects of our girls' school-life. From English and Chinese book recommendations to story-telling sessions, from ensuring the quality of the lunchboxes to introducing a new PE t-shirt, from newspaper subscriptions to swimming lessons, members of the PTA have worked tirelessly to enhance the education and welfare of our girls. Through organizing seminars, breakfast meetings and the Christian Mothers' Group, the PTA also provides a platform for parents to exchange ideas and reflect on their role in their daughters' development. Despite a much interrupted year, the PTA successfully organized the uniform recycling programme, the Brownies cookie sale and also educational visits for P4-P6 girls. The DGS doll designed for the Mini Bazaar was also very much loved. In addition, the PTA donated air purifiers to the school to ensure a safe and healthy learning environment for our girls.

Mrs Lau began her speech by thanking parents for their trust and understanding. Looking back at a challenging year, Mrs Lau expressed her confidence in our girls' adaptability and resilience, and congratulated them on their outstanding DSE and GCE A-Levels results as well as local and non-local university placements. Mrs Lau reiterated technology education as a key component in the curriculum, and gave a thumbs-up to the "Arts in Anxiety out" app designed by our girls that was named champion in the Samsung for Tomorrow Competition 2019. Besides providing emotional support to students, the school also aims to instill in our girls the right values, morals and purpose in life. Commending our girls for being bright and sensible, Mrs Lau urged parents to work together with the school to cultivate our girls into women of excellence.

Mrs Lee reviewed the progress made by primary school girls during school suspension, and thanked parents for supervising the girls at home. Mrs Lee reported that with the carefully structured online learning tasks, girls carried out extended, deeper and more active learning. Instead of only acquiring facts, they also learned how to formulate concepts and apply knowledge to real life. The school will continue to incorporate hands-on analytical thinking, problem-solving skills and inter-disciplinary learning as well as creativity, curiosity, empathy and other life skills into the curriculum. Mrs Lee also shared with the audience the wonderful mural painting project in which all the girls painted one picture together to commemorate the school's 160<sup>th</sup> anniversary.

The School Supervisor, Mrs Doris Ho, provided closing remarks, emphasizing the bond between parents and the school as well as the importance of communication.

The PTA would like to thank the following Exco members who retired this year, namely Mrs Conny Ching (Vice-chairman), Mrs Stella Ma, Mrs Esther Ng, Mrs Michelle Cheng and Mrs Joanne Ng (Hon Auditor), for their unfailing support and dedication to the PTA in the past years.





# Learning, Sharing and Connecting

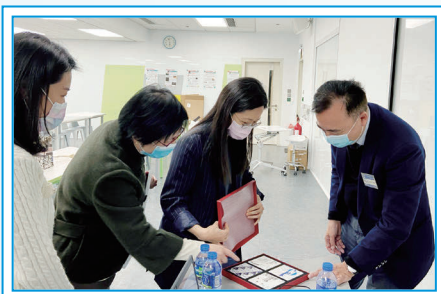
## 作家分享會 - 何巧嬋老師「我手寫我心」

中文閱讀會於2021年1月8日邀請了本港知名兒童文學作家何巧嬋老師到校進行網上直播分享會，講題為「我手寫我心」。何老師分享了創作故事的心得，鼓勵同學「打開眼睛，打開耳朵」，用心觀察身邊事物，發掘創作故事的好材料。何老師更以生動的演繹方式講故事，同學們反應熱烈，不斷猜想故事的情節和結局。此外，何老師鼓勵同學多閱讀，提升語文能力和寫作技巧。同學們全程投入，氣氛良好。



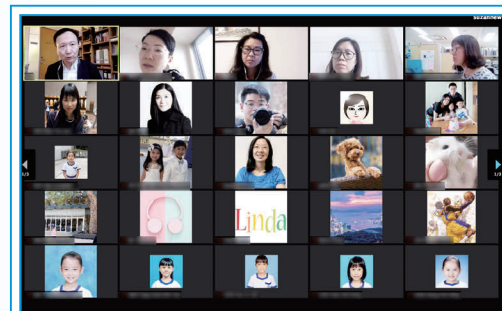
## Managing Stress in the Face of Adversity and the Pandemic – Dr Charles Yu

More than 350 parents attended and viewed a webinar on stress management conducted by Dr Charles Yu on 3<sup>rd</sup> March 2021. Dr Yu analyzed different strategies to help children deal with pressure and maintain motivation. Does praise work? What about rewards? While we are all our children's most ardent cheerleader, will that make them doubt their own ability? In this enlightening talk, parents learned about the importance of helping our children build confidence and resilience, in particular during these challenging times, and also the need for strategic resting. After sharing tips on fostering family harmony, Dr Yu gave a suggestion to all parents: always find a reason to celebrate!



## Fathers' and Mothers' Breakfast Meetings with Dr Lawrence Chen

The theme for this year's breakfast meetings is "Developing Adaptive Skills for the New Normal." Every other Tuesday morning starting from November 2020, more than 100 parents will join Dr Lawrence Chen via Zoom to learn about cognitive flexibility and behavioral consistency in parenting. Dr Chen stresses the importance of connecting emotionally with our children through listening, asking open questions, and helping our children think of solutions on their own. We also learn to take care of our own emotions as parents in order to be encouraging and affirming role models for our children.



## Christian Mothers' Group

In collaboration with St Andrew's Church, the Christian Mothers' Group meets online every other Thursday starting from October 2020, and provides a platform for the DGS community to find biblical support, explore godly motherhood, and to grow in our relationship with Jesus. During these uncertain and difficult times, our assurance of the guidance of God in our lives lifts the heavy burden in our hearts and gives us the strength to follow Him through highs and lows.

